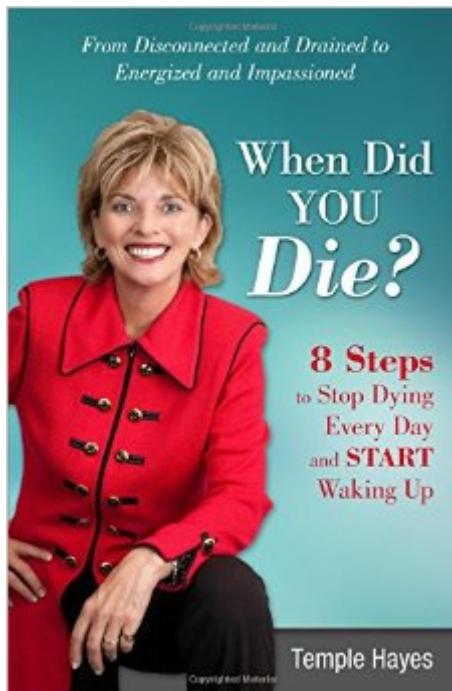


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When Did You Die?: 8 Steps To Stop Dying Every Day And Start Waking Up



Synopsis

Temple Hayes is poised to join the ranks of Brene Brown, Joel Osteen and Louise Hay, and she has a running start--her spiritual home is the overflowing First Unity of St. Petersburg, Florida. Her audience is expanding quickly as her message of hope reaches the hearts of millions of restless seekers and those abandoned by mainstream churches: it's time to stop dying a bit every day and start embracing the God who created us.Hayes' profound eight-step program guides readers through a simple belief-examining process that will propel them to a healthier and more prosperous life. Chapter by chapter she encourages them to create their own life-path by getting to know the truly divine creations that they really are, accepting and loving all of who they are, and embracing the fundamental truth of life as a never-ending journey.Hayes' unique writing style will captivate readers through her blend of Jesus's parables, Zen koans, insight from Mark Twain, Southern storytelling, and a good dose of common sense. She skillfully fills the pages with 'aha' moments that will awaken people to the realization that they're either growing or dying--as she says, when we're serving we're giving, and when we're giving we're really living.*When Did You Die?* is a bestseller in the making that will propel Hayes into the media spotlight as the global spiritual leader she truly is.

Book Information

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Customer Reviews

I received a complementary copy of this book for review purposes. The opinions are completely my own based on my experience.â œAll of us long to be appreciated and valued. We long to be seen and heard,â • writes Unity minister Temple Hayes in the introduction of her new book â œWhen Did

you Die? 8 Steps to Stop Dying Every Day and Start Waking Up • . “Until we see and hear our own inner voices and callings, we will simply continue to die a little each and every day.” • According to Hayes we “die a little” • when we hold back from life. That got me to consider the areas in my life where I don’t express myself fully. I wanted to read more. The 8 steps in “When Did You Die?” • each has a chapter of its own, with words to encourage the reader to live a richer life. Important to each chapter are questions that lead us to go deeper. In the “From Fear to Feeling to Freedom” • chapter, for example, Hayes poses these two questions that a colleague once asked her: 1. How has your way of avoiding your fears and feelings been working for you thus far? 2. What is the payoff in keeping things the same? I liked these and other probing questions Hayes asks. To get the most out of the book I recommend that you take the time to do these exercises. At the end of every chapter is an “ideas to Process and Integrate” • section with more questions for self examination. I also liked Hayes’™ positive approach. “Our Creator has given each of us amazing riches, gifts, and talents, but only when we seek to be open to the kingdom of riches will they be ours for the taking,” • she writes. The book is full of suggestions for discovering and expressing the talents you already have. “The real you is not a place you arrive at, a new credential, or a new career.”

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